

Quest Connect Groups

Quest Connect Groups meet each week to discuss the message from Sunday, encourage each other, and grow in faith together.

Stop by the information center or visit our website for a list of groups, contact a host and make the connection this week.

Childcare is available at the church for Wednesday night groups.

Register online by midnight Sunday for childcare service this Wednesday

1. What was a time you experienced awkward silence? What do you typically do when you find yourself in a moment of silence or waiting?
2. Have you ever practiced solitude with God? What was your experience like?
3. Out of the 4 categories of the System of Solitude (Time, Place, Plan, Prayer), which do you find most challenging and why? Which of the 4 do you find most helpful?
4. Read **Luke 5:16**. The word “wilderness” in this scripture can be translated to “solitary, desolate, and uninhabited.” Why do you think Jesus would often do this? Did He need to do this?
5. Pray for your group. Ask God to help your group to remove distractions this week and practice the System of solitude.

The Quest Church

We exist to proclaim the Good News and offer help for life's hurts.

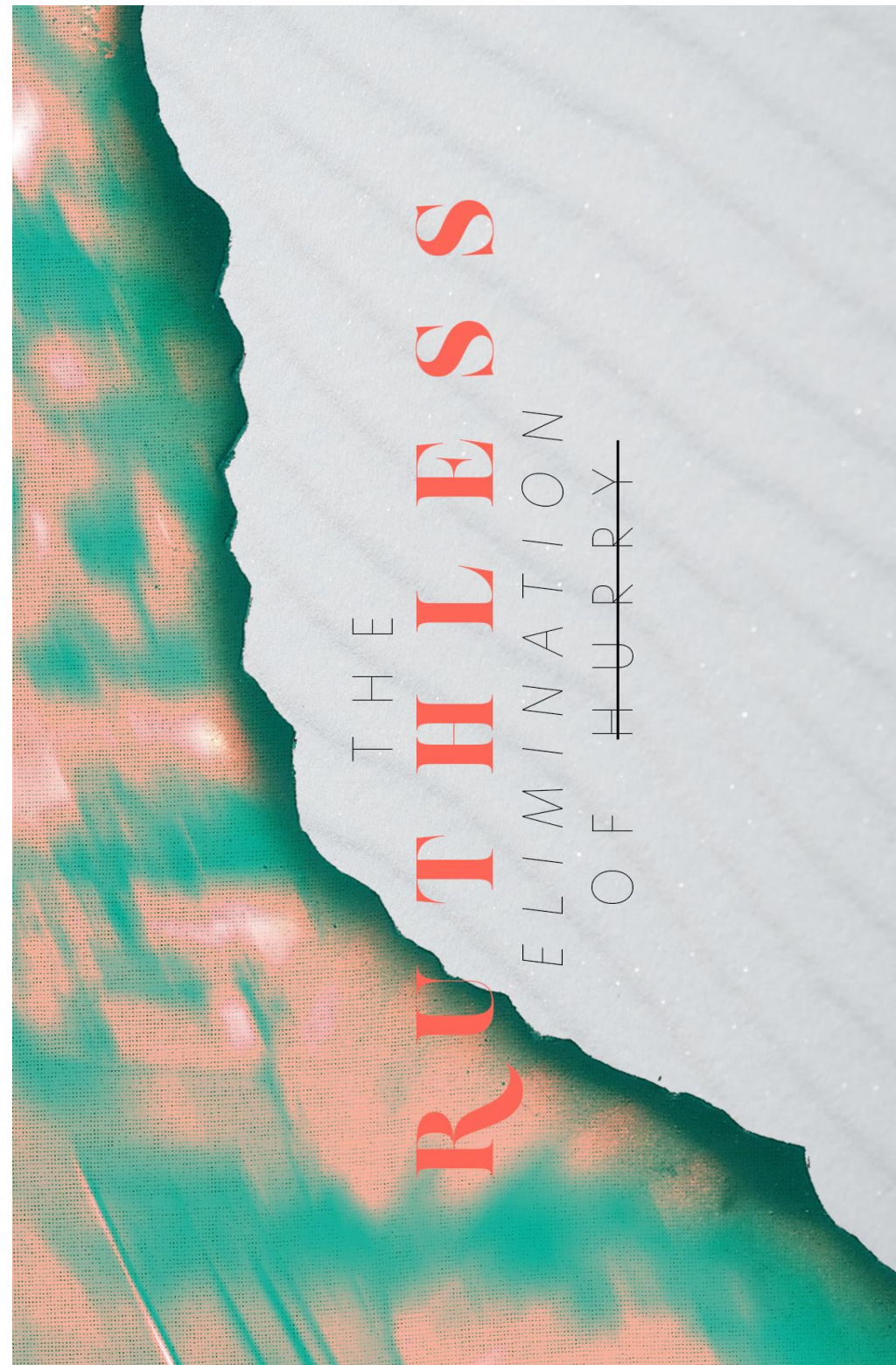
www.thequestchurch.com

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972.635.7222

Sundays @ 8:30am, 10am & 11:30am

January 28, 2024



Ruthless Elimination of Hurry -2

Solitude

Mark 1:21-35

Then Jesus said, "Let's go off by ourselves to a quiet place and rest awhile." He said this because there were so many people coming and going that Jesus and his apostles didn't even have time to eat. So they left by boat for a quiet place, where they could be alone.

Mark 6:31-32

Jesus went out as usual to the Mount of Olives, and his disciples followed him.

Luke 22:39

System of Solitude

1. _____
2. _____
3. _____
4. _____

Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For my yoke is easy to bear, and the burden I give you is light."

Matthew 11:28-30

Next Step Reading: Matthew 6:5-13

* View messages with the Quest App – "thequestrc" or online at www.thequestchurch.com

Next Sunday @ The Quest



The way of the world is heavy and burdensome, full of chaos and constant demand. We wear our busyness like a twisted badge of honor. In Jesus we discover a spiritual life beyond exhaustion. His rhythms of rest and release set us free. Join us as we learn from Jesus to ruthlessly eliminate the hurry in our lives.

Join Us @ The Quest for

TeenQuest for HS & JH Students
Tonight, 6-8pm @ The Quest

Discovering Baptism Seminar
Sunday, February 18 @ 10am in the Lower Room

Quest Church Married Life Conference
February 23rd – 24th

Coming to The Quest

Sundays @ 6pm – TeenQuest for HS & JH Students
Mondays @ 6:30pm – Re:generation Recovery Group

- Feb 04 – Discovering Partnership 2, 10am
 - Feb 05 – Quest Prayer Focus, 11am
 - Feb 18 – Discovering Baptism Seminar, 10am
 - Feb 23 – 24 – Quest Church Married Life Conference
 - Feb 25 – Quest Baptism Celebration
 - Feb 25 – Discovering The Quest, 10am
 - Mar 05 – Quest Prayer Focus, 11am
 - Mar 24 – Discovering Connect Group, 10am
 - Mar 30 – Easter Gatherings @ the Quest, Sat. 6pm
 - Mar 31 – Easter Sunday Gatherings, 8:30, 10:00 & 11:30am
- Text Giving Available – Text "thequestrc" to 833.420.4255